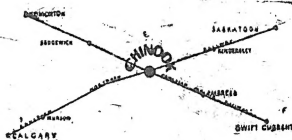


CHINOOK



ADVANCE

Vol VII. No 15

Thursday, January 6th, 1921

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Local and General

Happenings Here, There and Everywhere, Past Present and Future

Mr. P. English, of the Union Bank at Hanna, has been transferred to the local branch at Chinook.

Constable Cruickshank and family moved into Brownell's residence this week.

Born To Mr. and Mrs. R. R. Dunn on Tuesday, Dec. 29, a daughter.

Mr. and Mrs. Lloyd Robinson, spent Christmas and New Year holidays visiting relatives in Alaska.

Mr. Claude Tipping, who has been on the staff of the Union Bank here for the past two months, has accepted a position as traveller for Bulman Bros., of Winnipeg.

Mr. and Mrs. W. S. Lee spent the festive season with friends at Kindersley.

The Lanford U.F.A. will hold a pie social and dance at Acadia Hall on Friday, Jan. 7, for the benefit of the Red Cross. The management are loaning the hall free of charge, and Mr. Rasmussen has promised to supply light and fuel. It is a good cause. Everybody turn out.

Mr. W. A. Cruickshank, manager of the Union Bank, returned last Saturday from Didsbury where he was spending a few days. He was accompanied on the return trip by Mrs. Cruickshank and baby.

Mr. J. E. McLeod spent the week-end in Calgary.

The annual meeting of the ratepayers of Chinook Consolidated School District will be held in the School on Saturday, Dec. 15, at 1.30 p.m.

Lorne Proudfoot,
Sec.-Treas.

Mr. Robt Smith, while spending the Christmas holidays with his family in Edmonton, attended the Alberta Boys' Parliament held in the Legislative Buildings during Christmas week. About eighty-five boys from various parts of the Province were in attendance for the sessions. The members making up the legislature were elected from churches and boys clubs in the several centres, and their deliberations during the session were strictly in accordance with parliamentary procedure.

Special Show for Friday night, Jan. 7: A drama entitled "The Dark Star" featuring Marion Davis. Also a comedy, "The Garage" by Fatty Arbuckle. The "Dark Star" is full of action and is a special film put out by the famous Lasky Film Corporation. This program is costing twice as much as any of the films shown before and is one the best that will be shown for sometime.

Chinook Curlers Line Up Rinks For the Season

At a meeting recently held by the members of the Chinook Curling club the following rinks were made up for the season:

Skip—Cruickshank
Hinds, Stata and McAllister
Skip—Rennie
Dobson, Foster and Gordon
Skip—Dawson
McLeod, McKenzie, Jordon
Skip—Miller
Rev. Elliott, Taylor, Dr. Rosenkrans

Skip—Lee
Key, Robinson, Fetherstone
Skip—Chapman
Isbister, Wilson, Engler
Skip—J. S. Smith
Bert Smith, Pollock, Ray
Skip—Doman
Woodruff, Jones, Spicer
Skip—H. Smith
Milligan, Meade, Rideout
Skip—Dunn
Wylie, Vanhook, Yake
Skip—Stephenson
Glendenning, Brigginslaw
Bob Smith
Skip—Campbell, Cereal
Blaney, Frazer, Baldwin

Winners of the Vanhook competition was decided last Monday night. The inter-rink competition commenced last Tuesday.

All curlers are asked to be on time to start play as the following penalty will be imposed on all late rinks: For every ten minutes late one end marked up and one point to the other rink if they are ready to play.

Prohibition Thanks- giving Day Sunday, Jan. 9th.

At the annual conference of the Social Service Council of Alberta held in Calgary recently it was decided to hold a general Thanksgiving Sunday throughout the Province, when special thanks to Almighty God could be given for the splendid victory at the Pools on October 25.

A committee was appointed and decided on Sunday, January 9th.

Mr. and Mrs. J. R. Miller entertained a number of their friends at dinner on New Year's Day.

Get your 1921 Auto License Plates from M. J. Hewitt.

New Years Price Reducing SALE

We need money and are giving you our profits

Wall Paper 50 and 60c, double roll	Now 35c
Gasoline Lamps Reg. 15.00	To clear 12.00
Brooms, regular 1.65	1.25
Radiator Freeze Proof, reg. 2.50	1.25
Tin Pails, regular 1.00	.75
Lamps, (Queen Anne Burners) reg. 2.25	1.75
One Bushel Feed Baskets, reg. 1.50	1.00
N. P. T. Pots, reg. 3.75	3.00
One only Dowsell Washer, reg. 14.75	11.75
One Only 30 Gal. Feed Cooker, reg. 25.00	18.50
One Only Sanitary Closet, reg. 9.00	7.00
One Only 15 Oak Heater, reg. 19.00	15.00
One Only 13 Oak Heater, reg. 15.00	12.00
Aluminum Ware, 30 per cent. off Old Prices	
Granite Ware 25 per cent. off Old Prices	

Don't Pass Us Up If Its Hardware. Get Our Prices

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FRESH BEEF,
PORK or
MUTTON
call at the

CHINOOK MEAT MARKET

See Our Show of
Turkeys, Geese and Poultry
A large supply of good Pork Sausages
See me about that quarter of
Beef for winter,
Our Prices from 11 cts. to 16 cts. per lb.

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The Service Garage

All makes of Cars repaired

Batteries Stored, re-
charged and Repaired.

OPEN ALL WINTER

Leave your Car with us for
general overhauling.

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Pushing the Wheat Area Westward to Base of the Rockies

Under the heading "Alberta Leads," the Edmonton Bulletin editorially that the record of this province at the Chicago winter fair places the foothill province definitely on the map as a wheat producing country. Hitherto Alberta's reputation as a ranching country has tended against the general acceptance of her wheat growing capabilities. When settlement first broke into the prairie west the Red River valley was thought to be the only wheat growing area. Then the remainder of the province of Manitoba was included; and Manitoba No. 1 hard wheat became a standard of highest quality on the world's markets. Next came Saskatchewan, which now leads her two neighboring provinces in volume of wheat production. Even Alberta folk took for granted that for some unexplained reason Alberta conditions were less favorable to the production of high class wheat than those prevailing in either Saskatchewan or Manitoba. The results at the Chicago fair are a revelation, the importance of which is not easy to realize. The wheat area is pushed westward to the base of the Rocky Mountains. And not only the area of wheat production, the best wheat is produced in that area which lies furthest west. Of twenty-five prizes given for wheat, twenty-three came to Canada, and seven of these to Alberta. Against all the other provinces of Canada and all the States of the Union, Alberta took nearly one-third of all the wheat prizes offered. That settles any question as to the production of high class wheat in Alberta.

It was not remarkable that there should be question as to the growth of high quality wheat in the province. Backed by the Rockies, Alberta averages altitude that Saskatchewan and Manitoba. An altitude in fact, which in such a northern latitude, wheat could scarcely be expected to be produced in highest perfection, if at all. Calgary, where one of the prize winning samples was grown, is 3,400 feet above the sea, and Calgary which produced another winning sample, is at an equal elevation. Calgary is in latitude 51 north.

Fifty years ago the Geneva valley in New York State set the standard of wheat production for the continent. After many years the wheat fields of Southern Minnesota became famous. The 49th parallel was then considered by many eminent scientists to be the northern limit of wheat, with the possible exception of that part of the Red River valley north of the international boundary. The results of the Chicago fair prove that Canada's wheat fields extend from the Red River to the Rocky Mountains, eight hundred miles in direct distance, and that in that area the highest quality

of wheat is produced. The demand of the Minneapolis mills for Canadian wheat and the protest of Kansas farmers against its admission to the United States confirm the judges' decisions at the Chicago fair, and prove that as a wheat producer the Canadian west has arrived: with Alberta in the lead.

If Alberta did well in wheat she did better in oats. The championships, with a sample weighing two pounds to the bushel more than any other sample in the show; and eight out of fifteen prizes for the region which included the remainder of the (Canadian) prairie west and the states of Montana, Idaho, Washington and Oregon, is doing well enough. While there never was any doubt of the ability of Alberta to grow first class oats, her outstanding superiority had never been so fully demonstrated. The standard weight of oats in the United States is thirty-two pounds to the bushel. In Canada thirty-four pounds. But the Alberta champion sample weighed 47½ pounds to the bushel, nearly fifty per cent. over the standard weight of the United States. The importance of establishing the superiority of Alberta oats lies in the fact that oats, with barley, constitute our feed crop, as corn does in the United States. Oats are more cheaply, easily and surely raised here than corn is; and gives as large a tonnage of feed per acre. With a proportion of barley the fattening qualities compare favorably with corn. If oats in Alberta only produced in quantity and quality as they do in Iowa, the Alberta stock raiser would be at a serious disadvantage as compared with his competitor in Iowa who feeds corn. But with heavier yields of oats per acre and a better quality of grain, the advantages of corn in Iowa are equalled by those of oats and barley in Alberta.

Alberta took only two prizes in barley. In competition with all the states and all the provinces this is a good showing. But it falls down badly when compared with Alberta's own showing in oats and wheat. However, there is not now and never was any question of the production of barley in Alberta either as to quality or quantity. The case in regard to barley is not as important as that in regard to wheat. But some of the Scottish judges of livestock, on inspecting the Alberta provincial exhibit of barley (shown for exhibition purposes only), declared that they would not have believed such barley was grown in any country.

Wheat, oats and barley are the backbone of farming in the prairie west. It is gratifying to know that when put up against the competition of the continent in these particulars, Alberta more than held her own.

The Earl of Minto



Son of the former Governor-General of Canada, whose forthcoming marriage to Miss Cook, of Montreal, is announced.

Tributes to The Unknown Warrior

One Mother Brought War Medals Belonging to Son Reported Missing.

Scores of touching instances have been witnessed at the tomb of Britain's "Unknown Warrior" in Westminster Abbey, as long files of men, women and children have passed the black marble slab covering the grave since the burial there of the unidentified soldier.

The fact that no one knows the name of the man who lies beneath the slab leads many to offer tributes in the hope perhaps that the body is that of a missing son. The mother of one of the thousands of unknown warriors, any one of whom might be reposing in Westminster Abbey, laid three war medals, the Mons Star, the Victory medal and the British War medal on the grave as she passed in the line. They had been awarded to her only son, who was wounded three times and afterwards reported missing.

A soldier's modest offering of flowers bore the inscription: "In loving memory of my two pals and all the other pals."

The epitaph placed on the slab reads: "For King and Country—Greater Love Hath No Man Than This."

Thursday England's Best Work Day.

What is the best work day in Canada? Investigation by the British Industrial Research Board has shown that in England most work is done on Thursday, with Wednesday a close second and Saturday the worst day.

United States And Japan

Trying to Stir Up Trouble Founded On Mere Suspicion.

Owing to the jingo element in both countries, the feelings between Americans and Japanese are not as cordial as lovers of peace could desire. On this account more than usual significance attaches to the remark at Geneva of Viscount Ishii that Japan must increase her armament because the United States is doing so. If the United States were a member of the League of Nations, there would be no need for a strong policy of naval development, and all Uncle Sam's neighbors could lessen their expenditure accordingly. But so long as this powerful nation not only remains outside the League, but continues to spend increasing sums on naval and military armament, other powers do not dare take steps in the direction of disarmament. Representative Kahn, of California, one of the most influential members of Congress is now urging universal military training for the United States. Japan looks askance at this because of the sentiment on the Pacific coast against her nationals. She believes that both naval and military expenditures in the United States are aimed directly at her. The American people, on the other hand, are suspicious that Japan has designs on the Philippines. The Hearst papers have been suggesting for years that Great Britain is egging Japan on in an aggressive attitude to approve of her little brown partner seizing these islands.—Toronto Mail and Empire.

An Undesirable Post.

Premier Rallis, of Greece, has decided to keep the office, not so much because he wants it as because nobody else wants it who would carry on. Constantine is personally popular with the Greeks, but his foreign policy spells the collapse of the prospect of a Greek Empire. Rallis would probably rather not be among those who can be blamed when the crash comes.—Edmonton Bulletin.

The strength of growing plants and trees is enormous. A small grass plant will split a rock, and young oak roots have lifted a block of granite.

Training will do much for a man, but it will not teach him to look for the towel before filling his eyes with soap.

Population of Canada Shows Greater Increase Than Any Other Nation

Canada has led the world in the past decade in the proportional development of her population, and authentic figures give her a greater percentage of increase in her people than any other country, young or old. The most recently published directory figures, issued in 1920, give the Dominion of Canada a population of 8,837,102. Returns of the 1911 census recorded a population of 7,206,643 in Canada. This gives, for the nine-year period, an increase in the people of Canada equal to more than 22½ per cent, which will be found to be greater than that experienced by any other country. In the year 1871, Canada's population was but 3,687,257, which gives for the period of nearly fifty years an increase in population of almost 140 per cent.

Countries increase their population in two ways—by natural reproduction through births and by immigration. The proportions in which these two factors enter into the racial increase naturally varies according to the economic situation in different countries, the conditions of livelihood offered, the quantities of available open land, policies governing immigration and other considerations.

The older countries of Europe, such as the United Kingdom and France, increase the numbers of their citizens almost wholly through the birth rate, for the addition from outside sources through immigration is almost negligible. Never countries like the American continent and the Dominions of the British Empire find that their multiplication comes to them at an advanced rate through immigration, which a healthy birth rate augments. The birth rate, of course, varies largely with different countries as does the percentage of infant mortality, both of which are matters for consideration in computing population increases.

The United States Census Bureau has announced that as a result of the census figures recently concluded, an increase of 14½ per cent. is recorded for the Republic for the decade just passed, as compared with an increase of 21 per cent. for the decade 1900-1910. The bureau accounts for the falling off largely by the decline in

immigration. The United States, as a country largely built up, whilst still attracting and having a yearly immigration of considerable extent, has a status somewhere between the older European countries and the newer British Dominions, and its last census figures form an equitable basis from which to delve into the population increases of other countries. The process reveals some interesting figures from a Canadian standpoint.

Canada's increase of more than 22½ per cent. in the past decade naturally leaves the older countries, depending on their birth rate for increase, very far in the lurch, for few European countries achieved a population increase in this period equal to five per cent. But the fairer comparison is with the new countries of the world, the other Dominions of the British Empire, where conditions making for growth are similar, multiplication coming largely from the yearly tide of immigrants. Here, too, it is found that Canada has gained an ascendancy of considerable extent and all these countries are left well behind.

Australia, for instance, which had a population of 5,140,543 last year, increased over the 1911 census by slightly more than 17 per cent. The adjacent Dominion of New Zealand, with a present population of 1,129,014 made an increase of population in the same period of nearly 13 per cent. In the eight-year period ending June, 1919, the Union of South Africa increased its white population by between 9 and 10 per cent. Thus Canada with a decade increase of 22½ per cent. not only surpasses European countries, but has a substantial surplus over the British Isles under the process of settlement is still going on, and similar attractions and conditions are held out as inducement to emigrants.

These figures constitute a glowing tribute to Canada's popularity in the eyes of emigrants. Canada is undoubtedly popular. This is once more indicated in the recent statement that the multitude of intending emigrants from the British Isles under the scheme of the Overseas Settlement Committee declared themselves as being overwhelmingly in favor of Canada as their future bourn. When in addition to this, the heavy influx of settlers from the United States is taken into account, this heavy development is accounted for.

Not Getting Excited

Useless For Britain to Engage in a Spectacular Naval Programme.

Great Britain does not mean to be stampeded into a new naval policy because the United States and Japan propose to add a number of capital ships to their respective navies. Nor need there be any cause for alarm. Apart from the possibility of a general understanding between the great nations which may result in a substantial curtailment of naval and military armament it would be useless for Britain to increase her gigantic financial burden by indulging in a spectacular building programme before her naval architects have completely absorbed the lessons of the war. Should it develop that the Motherland will need a larger fleet than ever, she will build it in the light of the most modern experience. And if she does find it necessary to construct her craft on the famous "two keels to one" policy nowhere in the world could it be required under these special circumstances except in Great Britain.—Victoria Times.

Huge Sum to Run New York City.

It will take just \$345,571,000.77 to run the city of Greater New York during the coming fiscal year. This amount, exceeding two-thirds of the total appropriated by Congress to carry on the affairs of the United States in 1916, was asked of the board of aldermen by the committee on finance preparing the 1921 budget.

Bones Of Immense Elk Uncovered.

Antlers measuring eight feet from tip to tip and huge bones believed to be those of an immense elk have been unearthed on the shore of Trask Lake, Leelanau county, Michigan, by a trapper. Excavation is being conducted. Flowers cannot recall ever seeing an elk in that region.

A woman may love flattery and yet despise an awkward flatterer.

The League Lives

Closed Its Sessions With Forty-Seven Nations Now Adhering To It.

For the League to have lived through the hostile criticism and cynical prophecies that dogged it at Geneva, as well as the inherent difficulties of its work, is in itself a triumph. Its break-up was confidently predicted. When forty-two Argentine withdrew there was a storm of cries that meant the beginning of the end. The forty-one nations were about to fly apart like so many mutually repellant atoms. But that flurry quickly passed; new member States were admitted, so that the League closed its sessions, having weathered all storms, with forty-seven nations now adhering to it. Not even in the irreconcilable camp at Washington has any body longer the hardihood to speak contemptuously of the League as "dead."—From the New York Times.

Faint Heart.

Doris—I thought you were going to kiss me when you puckered up your lips just now.

Jack—No—er—it was only a piece of grit in my mouth.

Doris—Then, for goodness sake, swallow it—you need some!—Edinburgh Scotsman.

The "whistling" swan is found in Iceland, Laphland and Northern Russia. It produces whistling or trumpeting through its coiled windpipe.

Kerguelen Island, in the Southern Indian ocean, is over three thousand miles from the nearest mainland, and may lay claim to being the most isolated island.

New Zealand's Way

Some Heavy Fines Are Inflicted For Profiteering in Tweeds.

A magistrate in Wellington has fined a firm of merchants £3,000 and an individual merchant £100 for profiteering in New Zealand tweeds. Great interest has been aroused, as these cases are the first big charges brought under the 1919 law. The firm's profits average 100 per cent. over manufacturers' costs and freight. The magistrate characterized the profits as outrageous, and said he would have ordered imprisonment for the individual merchant had this been possible under the law. The penalty is in each case the maximum.—Wellington, N.Z., Despatch to London Times.

Coming Back Strong.

Wife—"But, my dear, you've forgotten again that today is my birthday."

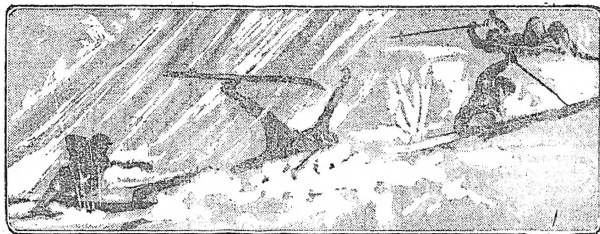
Husband—"Er—listen, love, I know I did, but I haven't got a thing about you to remind me that you are a day older than you were a year ago."—London Opinion.

A French banknote of small denomination, after being in circulation for some months, was recently examined by French scientists, who discovered 80,000,000 bacilli thriving on it.

The present heir to the British throne is the 19th holder of the title of Prince of Wales since its creation in 1301.

The sparrow can fly for short distances at the rate of 80 miles an hour.

A PARADISE FOR SKI-MEN



Preparations are already being made for the annual carnival to be held at Banff amidst the glories of the Canadian Pacific Rockies. Banff is ideally situated for winter sports and this season the dates have been fixed from January 29th to February 5th inclusive. The Secretary writes that the programme is to be considerably extended. He says:

"Our Ski Hill has now been completed in accordance with the suggestions made by the world's champion, Anders Haugen, of Broten, Minn., and we are confident that a new world's record will be established on our Hill this Carnival. We have decided to offer a substantial cash prize to the man who can beat the present world's record and to supplement this cash prize with a further prize of \$10.00 for every foot or portion of a foot by which the record is broken on our hill. We will also follow the same principle in connection with the amateur championship only in that case the inducement or reward will be in the shape of an especially attractive prize. We have at the present time four different jumps so that we will be in a position to stage competitions in all classes of this very spectacular and hair-raising sport.

"We expect that ladies hockey will be a very important factor in our sports this season. We have already been advised that the ladies of Vancouver under the leadership of Mr. Frank Patrick, of professional hockey fame, expect to compete. The Regents, the champions of Western



(1) Where falls are good fun. (2) Skiing in the Canadian Rockies.

Canada of Calgary, the Patricia's also of Calgary, a team from Edmonton, a team from Vulcan, Alberta, and perhaps teams from Winnipeg and Ottawa, are all expected to be on hand and compete with Vancouver and Ottawa for the championship of Canada. A very elaborate trophy together with ten very attractive and costly prizes will in all probability be announced a little later in connection with this event.

"An ice palace will be constructed on a basis far more extensive than anything heretofore attempted and the resident engineer of the Dominion Government is now at work preparing the plans for same. We expect this palace, when illuminated, will be a view that will live in the memories of those who will be fortunate enough to visit us and see it. The palace will be stormed at different times during the carnival by represen-

tatives of all the different sports indulged in, and it is expected that the fireworks display on these occasions will be most interesting.

"Special attention will again be given to art and fancy skating and competition in these items on our programme promise to be very interesting. The Connaught Skating Club of Vancouver, with a membership of almost three hundred, has written saying that the club will be well represented and if we could be assured of some entries from Eastern Canada and the States together with the assured entries we will have from Winnipeg, Calgary, Edmonton and Saskatoon this feature of our programme would be one of the biggest events ever attempted in Canada. Application will be made to the Amateur Athletic Union of Canada to have all these contests representative of the Canadian Championships."

British Columbia
Cottonwood TreesBuds Have Medicinal Value and
Create New Industry.

Farmers in British Columbia are now making use of their cottonwood trees. Recent experiments have shown that the buds of the British Columbia cottonwoods equal those of the eastern varieties in their medicinal properties. The gathering of these buds promises to develop into a new industry in many parts of the province. At Pemberton, British Columbia, fifty miles northeast of Vancouver on the Pacific Great Eastern Railway, the gathering of cottonwood buds is already being done systematically. Only a few pickers are engaged in the work as yet, but it is expected that an exhaustive survey of the cottonwood area of the province will reveal a field for the employment of a large number of people in the near future. Farmers are being paid fifty cents a bushel for these cottonwood buds. Recently a carload of them was forwarded to a manufacturing druggist in Eastern Canada, a favorable report on the quality was received and a further supply asked for.

Swiss Farmers for B.C.

Have Capital and Will Confine Efforts
To Dairying.

Arrangements have been completed for the sale of 15,000 acres in the Buckley Valley, B.C., to a colony of Swiss dairymen, the majority of whom will be arriving at their new home in March.

This settlement follows the visit to British Columbia last summer of Mr. O. B. Lasser, of Zurich, when he investigated the possibilities of dairying in this province. Since his return to Switzerland a party has been made up on the strength of Mr. Lasser's recommendations. They will confine their efforts to dairying, for which the Swiss are noted. All the immigrants are well supplied with capital.

An order has been placed by an English company who wish to purchase 20,000 acres in the Columbia Valley. Representatives visited this section some months ago and are now in the market to buy.

A large number of Swedish farmers who have been farming in Montana and Idaho, have decided to locate in British Columbia and have selected an area at Cranberry Creek, on the Kilkwanga near Hazelton, embracing 7,000 acres.

Origin of Odd Phrase.

When warning a person to be circumspect in behavior, the expression "mind your P's and Q's" is often used. There are various stories told of the origin of this phrase, but the best seems to be that it is of French origin. In the reign of Louis XIV. wigs of unwieldy size were worn and at the same time very low formal bows were required. It may be imagined that if a person were at all awkward the wig would be deranged or would fall off as he bent his body. Dancing masters, therefore, were continually warning their pupils to mind their P's (pieds, feet) and Q's (queues, wigs).

Fortune may knock once at every man's door, but misfortune crawls in at the window.

One Great Essential
To a Woman's Health
Is Her Nerves

Nature intended women to be strong, healthy and happy as the day is long, instead of being sick and wretched. But how can any woman be healthy and happy when the whole nervous system is unstrung. The trouble is they pay more attention to their social and household duties than they do to their health. Is it any wonder then that they become irritable and nervous, have hot flushes, faint and dizzy spells, smoothing and sinking spells, become weak and nervous, and everything in life becomes dark and gloomy.

Milburn's Heart and Nerve Pills are the very remedy that nervous, tired-out, weary women need to restore them to the blessings of good health.

Mrs. P. H. Ryan, Sand Point, N.S., writes: "I have been a great sufferer from nerve troubles. I was so weak and nervous I could not sleep at night and my appetite was very poor. I could not walk across the floor without trembling. I had hot flushes and fainting spells. When I was on my second box of Milburn's Heart and Nerve Pills I began to feel better and kept on until I had used six boxes when I felt like a different person. I am never without them in the house and recommend them to all who suffer with their nerves."

Price 50c a box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



Sloan's Liniment
is always ready to
ease rheumatism.
"At the very first twinge, down comes my bottle of Sloan's; then quick relief, without rubbing, for it's stimulating and settles congestion. The boys use it for stiff muscles, and it helps Sally's backaches, too." \$5c, 10c, \$1.00.
(Made in Canada)

Chinese Eggs for Canada

Are of Good Quality and Carefully
Packed.

Reports have been received on some of the Chinese fresh eggs arriving at Vancouver. These eggs are packed by United States firms operating in the Orient, and are packed in cases, with heavy straw board flaps and fillers. The padding on the bottom of the case is half-inch filler, then bristly flat and oil paper. On the tops corrugated flaps are used and corrugated flaps at both sides of the centre board, at the ends of the case.

The eggs appear of good quality, but very small and would not grade higher than Canadian pullet eggs; some of them are almost too small for that class. The eggs are clean. Owing to the careful packing and more care in handling by the transportation company, there is not much breakage. For the week ending Dec. 3, 1958 cases of Chinese fresh eggs arrived for Vancouver delivery, and for the week ending Dec. 10, 7,846 cases were entered at customs; 999 cases for transshipment to London, England, and 1,000 cases for Montreal delivery.

World's Last Slave Market.

Exists in Holy City of Wazzan,
Morocco.

The open slave market in the Holy City of Wizzan, Morocco, which was recently occupied by the French, is reported to be the last of its kind in the world, according to a French officer who arrived in London from Fez. The slaves are brought to Wazzan by caravan from parts of the country still unexplored. The market is held annually during the pilgrimage season, when pious Moslems pour into the city from all parts of Morocco to ask for the Sheriff's blessing. At this time negro and negress slaves are grouped together by their different owners on an open piece of ground.

Contrary to the general belief, the lot of the slave in Morocco is a comparatively happy one. All they have to do is to escort visitors through the gardens which form part of the rich Moors estate. Another duty is to keep watch from a minaret for indiscreet strangers who pry into that part of the garden reserved for the women of the household. Indoors there are often as many as 15 slaves all occupied, say, in preparing tea for their master's guests. In Fez and Marrakesh women slaves are taught to dance, and their entertainment reminds an onlooker of the Arabian nights.

At present traders' caravans are fighting shy of Wizzan, and no slaves have entered since the French authorities prohibited their sale. By this means it is hoped to do away with the slave traffic throughout the European zones.

Peace River Flour.

A new flour mill and elevator at Peace River, Alberta, is about to be opened. Although the building is not yet completed the elevator is already receiving wheat for storage, and in about two weeks time it is expected that the mill will be ready for grinding flour. The machinery has been installed, and it is only necessary now to make the final connections before the Peace River district will be able to put on the market its own brand of flour.

The Aspen Leaf.

The aspen leaf is said to quiver because the Cross of the Crucifixion was made of this wood. The fact is that the leaf is broad, and placed on a long leaf-stock so flexible as scarcely to be able to support it in an upright position. The upper part of the stalk is flattened, and, being at right angles with the leaf, is peculiarly liable to be moved by the faintest breath of air.

W. N. U. 1349

May Build Wall
Around New YorkWould Fight Rats By Building Wall
Around the City.

An expenditure of from \$50,000,000 to \$100,000,000 for the construction of a wall of concrete 500 to 600 yards wide around New York in a fight against rats is called for in an ordinance amending the public code proposed by Dr. Royal S. Copeland.

Bubonic plague has appeared in several American ports, notably in Galveston, Houston and Beaumont, Texas, and Pensacola, Fla., declared Dr. Copeland at a hearing on the proposition held by the Bureau of Standards and Appeals in the Municipal Building, New York.

Dr. Copeland's ordinance would require every building now standing within 600 feet of the water front to be coated with concrete up to a height of at least five feet, and that the concrete be covered with wire netting of not less than a half-inch mesh, and that all doors and windows must be covered with similar mesh.

Frame buildings would have the space between studs filled with bricks laid in cement mortar. Recently built structures may not be required to add these features, as they are believed to be already rat proof.

New Irrigation Districts

Irrigation of About Five Thousand
Three Hundred Acres of Land

Adjoining Medicine Hat. The formation of two new irrigation districts in Southeastern Alberta, adjoining the city of Medicine Hat, is expected early next year. They will be known as the Medicine Hat Southern and the Medicine Hat Eastern Irrigation Districts. The plans and estimates of the former projects have been approved by the Minister of the Interior, and those of the latter are now awaiting approval.

The completion of the southern scheme will make possible the irrigation of about five thousand three hundred acres of land adjoining Medicine Hat on the south, the water being obtained from one of the flood streams that rise in the Cypress Hills. In the eastern scheme about five thousand acres of irrigable land are involved. The area lies between the city limits of Medicine Hat and the town of Pasley, on the main line of the Canadian Pacific Railway. The water for this district will be obtained from Ross Creek.

The necessary steps for the formation of an irrigation district under the Alberta Act are now being taken in connection with the Medicine Hat Southern project. A returning officer has been appointed and a vote of the landowners in the district for or against the scheme and for the election of trustees is being arranged. It is hoped that the construction work on both schemes can be carried on simultaneously.

Coming to Canada

Predicts Heavy Migration From
Great Britain in the Spring.

R. T. Farrell, a British merchant, in an interview in Toronto said: "The coming year will see the biggest flow of immigration into this country that has ever been seen." He said that in England the Salvation Army has applications from thirty thousand people who wished to come to Canada.

Besides there were ten thousand ex-soldiers anxious to come to Canada and who would be brought out, Mr. Farrell said, under the Imperial Government land settlement scheme. He added that it was thought in England that the Canadian immigration regulations requiring an immigrant to possess \$250 would be considerably relaxed in the spring.

Four Hundred Roomed House.

A four hundred room apartment house, has been discovered in the Aztec district of New Mexico, which has been buried for centuries. Many of the rooms are in perfect condition and objects used by the ancients lie scattered about. "As a result of the excavations Aztec has become a resort for visitors. It is about 100 miles southeast of the famous Mesa Verde Park, in which the finest cliff-houses are to be found.

The Pretoria Government recently tried an experiment with a view to producing rain by dropping dust on clouds. An aeroplane ascended to 5,000 feet, but the dust failed to cause rain.

Usually the people who make the most imposing show impose on others in order to make it.

Misery loves company. That is why some people get married.

SYMPTOMS THAT TELL
OF B.LIOUSNESS

How to Prevent and Relieve

Are you dizzy?
Does your head swim?
Does everything turn dark when you rise from stooping?
Are you constantly suffering from headache?
Are you short of breath after going upstairs?
Is your tongue coated and furred?
These symptoms give warning that your system needs a thorough cleansing—all poisons must be flushed out. The remedy is Dr. Hamilton's Pills. Marked benefit immediately follows their use.

These famous pills loosen the bowels and stop constipation; they act on the liver and kidneys, make them strong and vigorous.

This ensures health and purity for the blood and consequently the whole system benefits.

No other medicine tones and braces like Dr. Hamilton's Pills: they at once relieve biliousness, headache, dizziness, poor color, coated tongue, and all disorders arising through fault of the stomach, kidneys or liver; try them.

Results prove the merits of Dr. Hamilton's Pills, 25c per box.

Pins Were Expensive

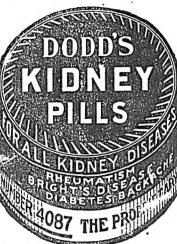
Only Wealthy People Could Afford to
Buy Them.

At one time pins were so expensive that only wealthy people could afford them, and they were carefully saved. By a curious law the manufacturers of pins were only allowed to sell them on January 1 and 2 each year, and so, when those days came round the women whose husbands could afford to secure pin money from them and went out to get their pins. The expression "pin money" has continued to live, although today when used it means any allowance of money which a husband gives a wife for her personal expenses. Pins were known and used as long ago as 1347 A.D. They were introduced into England in 1540. In 1824 a man named Might invented a machine for making pins which enabled them to be manufactured cheaply.

Burying The Hatchet.

To bury the hatchet means to let bygones be bygones. The phrase originated among the North American Indians, who were commanded by the "Great Spirit" when they smoked their calumet or peace pipe, to bury their hatchets, scalping knives, and war clubs in the ground, so that all hostile thoughts might disappear. It was well-known that the presence of war weapons leads to war at times.

More failures are due to lack of will than lack of strength.



Don'ts for Blue Monday

Sometimes a Case of Overeat and
Underexercise That Brings on
Depression.

Do not hand in your resignation on Monday. If you must resign take some other day in the week. That is the day of all days when you want to quit the job. When the temptation, Monday is no sort of a day to resign, according to a physical doctor, who says that of all the days in the week it is the day of depression. Blue Monday is no joke—for thousands of people it actually is blue, according to the doctor. "Monday is blue," said the doctor, "because with one class of folks Sunday is a day of great exaltation and the next day they are down in the valley. "With another class, it is a case of overeat and underexercise, which brings a depression when Monday comes, and they have to take up the regular tasks."

Worth Imitating

Chinese Pay Debts on New Year's, or
Peel Disgraced.

On New Year's Day every Chinese has a birthday. He may have been born in April or September, but in that highly systematic land, where every hour is needed for making a living, all the men, women and children, save up their birthdays until New Year's. Then, having attended to the matter all in a body, they can go back to their work without wasting any time on unnecessary holidays. And what is still more practical, every Chinese tries to pay on that day the last penny he owes. If he cannot face the world on New Year's Day a man free from all debts he feels deeply mortified and stays within doors.

A blind man states that he can tell most shops by their distinctive creaks and that each street has its own particular echo or sound when the pavement is tapped with a light cane.

It sometimes pays to be good, but it's always good to be paid.

Widespread Appeal

Call Sent Out to Help the Starving
People of China.

The widespread ravages of the famine now being experienced in China, and the terrible suffering that is following in its trail is reflected in an appeal made to Canada through His Excellency the Governor-General, in a cable that has just been received as follows:

"Shanghai, Dec. 22, 1920: China helpless, appalling famine. Entreat Canadian people's help. White, Bishop Hunan; Mackenzie, Moderator, MacGillivray, Shanghai."

A goodly portion of what the world calls good luck is composed of ninety-nine parts of ambition and one part of talent.

Grove's

is the Genuine
and Only

Laxative

Bromo

Quinine

tablets

The first and original Cold and
Grip tablet, the merit of which
is recognized by all civilized
nations.

Be careful to avoid imitations.

Be sure its Bromo

Q

G. W. Grove

The genuine bears this signature

30c.

Counter Check Books

Provide the only means by which you can keep an absolute accurate check on your expenses. The heavy duty and sales tax makes it necessary to keep such a record. We make sales books suitable for any line of business, with either duplicate or triplicate copies.

TRIPLICATE BOOKS

There is a heavy demand just now for triplicate books. We make a great variety of triplicate books, both in separate carbon leaf and book style. Write us for sample and prices before placing your next order, or ask any of our agents to give you this information.

Vegetable Parchment Butter Wrappers

We are in the best position of any firm in Canada to fill your order promptly for parchment butter wrappers, either printed or plain. We are large importers of this brand of paper, and have special facilities for printing wrappers in either one or two colors of ink.

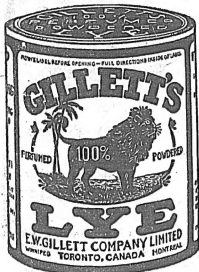
WAXED PAPERS

We also manufacture a complete line of waxed bread and meat wrappers, plain or printed, waxed paper rolls for home use, and waxed papers for all purposes. Our equipment is the most modern and complete to be found in Canada. Our goods are first class and our service is prompt. Let us prove this to you on your next order of Counter Check Books, Parchment Paper, or Waxed Paper.

For quotations apply to publisher at this paper.

Appleford Counter Check Book Co., Ltd.

HAMILTON, ONT.—BRANCH OFFICES AT
TORONTO, MONTREAL, WINNIPEG AND VANCOUVER.



Increase in Horse Industry

Prediction That Horses Will Seriously Affect Automobile Business.

Looking for a steady increase in the horse industry of Canada to such an extent that it would seriously affect the automobile and truck business of the country, and asking on behalf of the Dominion Department of Agriculture for expressions of opinion as to the use of horses from an economic standpoint as against motors, H. S. Arkell, Dominion Livestock Commissioner voiced the opinion that the horse industry is one which is likely to come back to real prosperity, in his address at Calgary before the annual meeting of the Western Canada Livestock Union.

Minard's Liniment Co. Limited.

Gentlemen—Theodore Dorais, a customer of mine, was relieved of rheumatism after five years suffering by the judicious use of MINARD'S LINIMENT.

The above fact can be verified by writing to him, to the Parish Priest or any of his neighbors.

A. COTÉ, Merchant, St. Isidore, Que., 12 May, '98.

Ex-Princess' Livelihood.

Articles made from rags were on view at Kent House, Knightsbridge, on December 10 and 11. They are the means of livelihood for Mme. Wolkoff, formerly Princess Troustzkoy, who escaped from the Crimea with the Dowager Empress of Russia.

Worms in children work havoc. These pests attack the tender lining of the intestines, and if left to pursue their ravages undisturbed, will ultimately perforate the wall, because these worms are of the host variety that cling to and feed upon the interior surfaces. Miller's Worm Powders will not only exterminate these worms of whatever variety, but will serve to repair the injury they have done.

Almost the Contrary.

Jinks had been out the night before and was late at his desk. Employer (sternly).—"Well?" Jinks—"Not very, sir."—Stray Stories.

Some oyster dealers are working the old shell game.



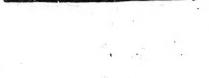
"I Wonder Would It Help Me?"

THIS question has been answered by many thousands of women who have found health and happiness in the use of Dr. Chase's Nerve Food.

Sleeplessness, irritability, nervousness, gloomy forebodings of the future, depression and discouragement—these are some of the symptoms which tell of exhausted nerves.

In order to avoid nervous prostration or some form of paralysis it is well to get the building up process established at once by use of Dr. Chase's Nerve Food.

50 cents a box, for \$2.15, all dealers, Dr. Chase's Nerve Food.



"Oral Hygiene" Lay Education Series

"YOUR TEETH"

First Stage of the Decay of the Teeth.

By Rea Proctor McGee, M.D., D.D.S., Editor Oral Hygiene.

If your knife and fork, spoon, plate, cup and saucer were left from one meal to another without thorough washing, you would change your boarding house.

But why be so particular about outside matters unless you thoroughly cleanse your own mouth after each meal.

When food is allowed to pack between and around the teeth, caries, or decay, it is commonly called, gets a good start. The packed food decomposes and ferments, this makes the bacteria happy so they all move in.

As the bacteria get settled upon the enamelled surface of the teeth, they cover themselves with a coating called a gelatinous plaque. Under this protective covering the bacteria grow unless they are removed by thorough cleansing.

Decay of the teeth caries, is a disease just the same as tuberculosis or measles is a disease. In this disease the hardest tissue in the body is attacked.

The bacteria of decay are really tiny plants. They live and die as other plants do, when they die they decompose and ferment, forming an acid. This acid, in its fresh state, will dissolve the enamel of the tooth a very little at a time at first, but the further in the bacteria they get the more rapidly they work.

The enamel of the teeth is not sensitive. It is composed entirely of the salts of lime, shaped into microscopic rods that are bound together by a natural cement. The rods all point towards the centre like the bricks in an arch. Enamel is the armor plate of a tooth. When the decay reaches the armor it gets through the ends of the tiny fibres from the nerve that radiate through the body of the tooth.

It is here that you get your first sharp pain that tells there is trouble ahead, trouble that only one person can stop. Don't delay, your teeth are too valuable.

Sewing Machines.

About 60 million feet of lumber are used annually in the manufacture of sewing machines. Oaks and red gum supply nearly two-thirds of the lumber, and yellow poplar and black walnut each a little more than one-eighth, the remainder being made up of tupelo, chestnut, cottonwood, maple, basswood, birch, sycamore, mahogany, yellow pine and redwood.

Tops of sewing machines are usually made of hardwood veneers such as oak or walnut, or of other woods stained to imitate mahogany.

Spending the Savings.

Many of the European nations are planning a greater expenditure upon military account than they did six years ago. This reminds us of the excessive war prophets who declared that the savings upon armaments in time of peace would do much to pay the expenses of the Great War.

Toronto Mail and Empire.

\$100 Reward, \$100

Cataract is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. HALL'S CATARH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and vitalizes the system. HALL'S CATARH MEDICINE is the only medicine for cataract that is guaranteed to cure. Testimonials free. F. J. Chesey & Co., Toledo, Ohio.

A Woman's Way.

"What's worrying you, Jim?" asked a miner as he met another miner.

"These women!" replied the other, a newly married man. "They are queer cattle!"

"What's the matter?"

"Well," said the young husband, "this morning the missus chased me out of the house with a frying pan and when I went home tonight she was crying her eyes out because I hadn't kissed her when I went out!"

It is computed that from a tenth to a quarter of the cost of foodstuffs in the United States goes to pay for crates and other containers that are thrown away instead of being used a second time.

Minard's Liniment For Colds, Etc.



PROMINENT WESTERNER

UNION BANK DIRECTOR

G. M. BLACK, prominent Westerner, who has been elected a director of the Union Bank of Canada, is of the firm of Black and Armstrong, of Winnipeg, financial agents. He is President of Manitoba Investment Agency, Ltd., Past President Manitoba Board of Fire Insurance Underwriters; Director, Canadian Mortgage Association; and Director of Netherlands Financial Corporation.

World Happenings Briefly Told

The Wiser Distillery, at Prescott, Ontario, recently absorbed by Montreal interests will re-open to manufacture industrial alcohol.

The official Prussian Bureau announces that Prussia will demobilize her civic militia in accordance with the provisions of the Treaty of Versailles.

Felix Diaz, nephew of former President Porfirio Diaz, has arrived in Guatemala, and is reported to be contemplating aggression against the Mexican Government.

Official denial is given to reports published in New York, that Canada is entering into negotiations with the United States, Australia and New Zealand, to prohibit Japanese immigration. No such negotiations, it is stated, have taken place.

Mme. Amelia Galli-Curci, grand opera star of Chicago, announces her coming marriage to Homer Samuels, her accompanist and the man whom her husband, Marquis Luigi C. Curci, sought unsuccessfully to involve in her divorce suit a year ago.

Announcement is made that Sir Alfred Mond, financier, will leave London early this month for Palestine, where he will spend some time studying conditions in connection with Zionist plans for the country's developments.

Influenza attacks carry with them "a definite immunity from subsequent attacks, lasting several years," according to conclusions reached by the United States public health service after extensive study in the homes where the disease was prevalent in 1918-19.

Minard's Liniment For Diphtheria.

Then She Knew.

He.—When did you first realize you loved me?

She.—I found myself getting angry whenever father called you an idiot.

FREQUENT HEADACHES

A Sure Sign That the Blood is Watery and Impure.

People with thin blood are much more subject to headaches than full-blooded persons and the form of anaemia that affects growing girls is almost always accompanied by headaches, together with disturbances of the digestive organs.

Whenever you have constant or recurring headaches and pallor of the face, they show that the blood is thin and your efforts should be directed toward building up your blood. A fair treatment with Dr. Williams' Pink Pills will do this effectively, and the rich red blood made by these pills will remove the headache.

More disturbances to the health are caused by their blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment, and you may be troubled with insomnia, neuritis, neuralgia or sciatica. Muscles subject to strain are undernourished, and you may have muscular rheumatism or lumbago. If your blood is thin and you begin to show symptoms of any of these disorders, try building up the blood with Dr. Williams' Pink Pills, and as the blood is restored to its normal condition every symptom of the trouble will disappear. There are more people who owe their present state of good health to Dr. Williams' Pink Pills than to any other medicine, and most of them do not hesitate to say so.

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

Working for Solution

Carriers Studied Exchange on International Freight

Definite progress towards a solution of the vexed question of exchange on international freight charges between the United States and Canada seems likely, as a result of a meeting of representatives of the principal Canadian carriers at Montreal recently.

The question, which is a most complicated one, was again considered from all its angles, and a tentative plan was prepared involving an average varying surcharge, which, it is hoped, will lead to a solution which will be satisfactory to all parties interested. It is appreciated, however, that in the working out of this problem it is of the utmost importance that the integrity of the through rates by the different gateways must be maintained to avoid the danger of cancellation of all international tariffs.

Owing to the diversity of conditions affecting the various classes of traffic, and the far-reaching effect of any action which may be taken, a full examination of the international charges of consultation with United States carriers is necessary. This has already been undertaken by a committee appointed for the purpose, and the matter will be pressed to a definite conclusion at the earliest possible date.

A Frightful Death, Suffocated by Asthma

The Dread of Such an Unhappy End Oppresses Every Sufferer.

Every sufferer from Asthma knows the terror, the abject fear that overcomes them when struggling for breath. The old-fashioned remedies may help, but never cure. Best results come from Catarrhazone, which relieves Asthma after hope is abandoned. It's because Catarrhazone kills the Asthma germ that it relieves. Choking spells and labored breathing are relieved, suffocating sensations and loss of breath are relieved. Every trace of asthma is driven from the system and even old cases are cured. It is a safe, reliable and lasting benefit. Equally good for bronchitis, throat trouble and Catarrh. The large one dollar outfit including inhaler and lasts two months, sold by all dealers or from the Catarrhazone Co., Kingston, Canada.

Alberta's Pulp Forests.

Huge Quantity of Poplar and Spruce Available.

The Edmonton Bulletin says that a source of pulp and paper supply is to be found in the very considerable areas of spruce timber which are included in the vast forests of white poplar in the region north and west of Edmonton. It says:

"While poplar predominates there are considerable areas of spruce timber that would be valuable for pulp manufacture. The great demand for newsprint and newsprint must be made largely or altogether of spruce. But some poplar can be used for almost every other kind of pulp. F. A. Burrows, in a recent interview, spoke of the quantity of spruce pulp wood available on the upper waters of the Saskatchewan. Mr. Burrows is a practical lumberman; he has many years' standing. He has limits on the upper waters of both the Saskatchewan and Athabasca. Therefore he speaks with authority.

"The vast drainage basin of the Athabasca was originally almost covered with spruce forests. Fires have cleared away a large part of the original timber. It has been succeeded chiefly by poplar. But there are still many spruce areas on the Athabasca waters that are available for pulp making as well as lumber. In all cases the presence of poplar adds materially to the total tonnage that could be derived from spruce alone.

Green Food For Hens.

With hens being confined to the pens it is important that plenty of green food should be given. Not only does it help to give the required amount of vitamins but it also is beneficial as a regulator. The weaker one makes the hen feel that they still have spring conditions the better egg production can be expected. Cabbage, mangels, chopped and steeped Alfalfa, and such like make fine food for fowls.

The Oil for the Athlete.—In rubbing down, the athlete will find Dr. E. C. Taylor's Oil an excellent article. It renders the muscles and sinews pliable, takes the soreness out of them and strengthens them for strains that may be put upon them. It stands pre-eminent for this purpose, and athletes who for years, have been using it can testify to its value as a lubricant.

W. N. U. 1349

Broths for the Invalid

BY LORETTO C. LYNCH
An Acknowledged Expert in All Matters Pertaining to Household Management.

Perhaps one of the first things the average housewife thinks about when broth is recommended for the one who is ill at her home is chicken. But the chicken broth suitable for sick folk differs considerably from the rich, somewhat greasy soup that well folk get. A four-pound fowl may be selected.

Where there are other members in the family, have the butcher split the bird in half and chop one half into small pieces. The other half may be cut into several larger pieces and, perhaps, made into stew, with rice for the well members. But the half that has been chopped in very small pieces is that from which you make your invalid broth.

Put the pieces into a cook-pot and cover them with cold water. If the physician has no objection to the patient having salt in his diet, add a level teaspoonful of salt. Salt helps to draw out the flavoring matter and the nutriment. The smaller are the pieces the more perfectly will this process of extraction be accomplished. The bones, of course, should be used, as well as the meaty part.

Very gradually bring the water to the boiling point. Then reduce the temperature, so that the mixture simmers very slowly. When the meat has fallen from the bones remove the pot from the flame and strain. Let the broth cool. When cool the fat will be hardened into a cake, which can easily be removed from the top. This fat makes excellent shortening for biscuits for the well folk. Pour off liquid carefully so as not to disturb the sediment from the bottom. The cold broth may either be stored in a wide-mouthed covered jar in the refrigerator, or it may be immediately reheated for use.

If the broth does not seem as clear as you would like it, strain it through double cheesecloth or stir the lightly beaten white of one egg into the hot broth. The egg in coagulating will draw to itself all the particles. This egg may be strained out and combined with the chopped chicken strained out of the broth, green pepper, onion and potatoes and made into a tasty hash for the well folks.

A pleasing variation of chicken broth that a certain expensive sanatorium offers some patients, is chicken broth with egg custard. To make the custard heat the yolk of one egg slightly with a silver fork. Add a few grains of salt, if permissible, and a tablespoon each of water and milk. Pour into a small buttered tin mold, place in a pan of hot water and bake until firm. When cool, remove from the mold and cut into fancy shapes, such as diamonds, circles and the like. The custard forms are served with the broth.

Often when a patient has been used to highly flavored food he objects to the rather tasteless dishes of the invalid dietary, especially when he is getting a bit better. It is at this time that you might make some onion soup if the doctor permits it. Cook one-half large onion, thinly sliced, in one tablespoon of butter for five minutes. Add one cup of chick-pea broth, and simmer twenty minutes. Rub through a sieve, add two tablespoons of cream or egg milk and the yolk of one-half an egg beaten slightly. Season with salt and pepper.

I have made a point of asking the physician concerning the use of a very ordinary seasoning like salt, for there may be reasons for a salt free diet. So be sure to inquire if salt may be used in any quantity, however small.

Another variation of your chicken broth is mushroom soup. To prepare this, clean and chop three mushrooms and saute in a teaspoon of butter for five minutes. Add three-fourths of a cup of chicken broth and one-fourth slice of an onion. Simmer about ten minutes. Rub through a fine strainer, add one egg yolk slightly beaten, one tablespoon cream, a teaspoonful of butter, and a little salt and pepper.

In place of the mushrooms one might use a tablespoon of cooked spinach or one-third cup of cooked cauliflower or one-third of a cup of canned asparagus tips.

If you live in a place where chicken is not available or is prohibitive in price, try making broth in a similar manner from rabbit. Rabbit makes a mighty good broth, and in most places is far less expensive than chicken.

A man who can make an after-dinner speech but won't be less strenuous than one who can't but will.



Chatham, Ont.—"For many years I suffered with stomach trouble and I tried many remedies but they seemed to be a failure. My stomach seemed to be getting worse instead of better. One day I came in possession of a bottle of Dr. Pierce's Golden Medical Discovery and took it. My stomach seemed completely cured. I have great faith in this medicine and hope any sufferer that reads this will give the Discovery a trial. Once tried, you will never be without it."—C. TITUS, Jr., 28 Duke St.

New Wilshire, P. E. I.—"I suffered three years with bronchial asthma. I was so weak I could hardly walk three steps at a time. I could not sleep so would get up and stay up the rest of the night. One day I found a bottle and used Dr. Pierce's Golden Medical Discovery so I sent to my druggist for a bottle and used and took half of it. I felt a great deal better. When I used that bottle I sent for another and took half of it. It is over two years since I first took Dr. Pierce's Golden Medical Discovery and I have not been troubled a day with asthma since."—Alice McLeod.

Hamilton, Ont.—"I have suffered with rheumatism for the last five years and have only taken three bottles of Dr. Pierce's Golden Medical Discovery and my condition is a great deal better. I also had that dread disease, Spanish Influenza, leaving me in a terrible condition. Only those who have had it know what an awful condition it leaves one in. I am sure if it had not been for Dr. Pierce's Golden Medical Discovery I certainly would have died."

"I want to recommend Dr. Pierce's medicine to any sufferer with kidney trouble or to anyone run down after having the 'Flu'. Also try Dr. Pierce's Pleasant Pellets for constipation."—MRS. ESTELLE A. GRADY, 644 James St., N.H.

Bell Announces New Invention.

The announcement of the completion of a new invention which he declined to describe, was made by Prof. Alexander Graham Bell, father of the telephone, upon his arrival on the liner Empress of France. Prof. Graham Bell has just returned from a visit to his birth place in Scotland. The professor will go to his home in Baddeck, C.B., where he is to spend a portion of the winter.

They Promote Good Digestion.

Food that is imperfectly digested is harmful in two ways. First there is the loss of vital energy arising from the fact that the food is not there is the congestion of the lower bowel which tends to poison the system by the absorption of impurities into the blood. Secondly, by actually cleansing the bowels and at the same time toning up the stomach and liver, Farmette's Vegetable Pills promote thorough digestion and consequently a healthy state of the whole body.

Modest.

Ebb.—"Why don't you wear calico any more?" Flo.—"Oh, I just hate to see myself in print."—Cornell Widow.

No matter what a girl's political belief may be, she always wants protection.

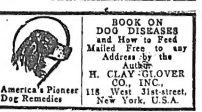
Contentment may be better than money, but it is equally scarce.

Your Granulated Eyelids, Eyes and Ears

Eye troubles can be cured by using Dr. Chase's Eye Food. It quickly relieves the most stubborn cases of eye trouble, such as Granulated Eyelids, No. 1, No. 2, No. 3, No. 4, No. 5, No. 6, No. 7, No. 8, No. 9, No. 10, No. 11, No. 12, No. 13, No. 14, No. 15, No. 16, No. 17, No. 18, No. 19, No. 20, No. 21, No. 22, No. 23, No. 24, No. 25, No. 26, No. 27, No. 28, No. 29, No. 30, No. 31, No. 32, No. 33, No. 34, No. 35, No. 36, No. 37, No. 38, No. 39, No. 40, No. 41, No. 42, No. 43, No. 44, No. 45, No. 46, No. 47, No. 48, No. 49, No. 50, No. 51, No. 52, No. 53, No. 54, No. 55, No. 56, No. 57, No. 58, No. 59, No. 60, No. 61, No. 62, No. 63, No. 64, No. 65, No. 66, No. 67, No. 68, No. 69, No. 70, No. 71, No. 72, No. 73, No. 74, No. 75, No. 76, No. 77, No. 78, No. 79, No. 80, No. 81, No. 82, No. 83, No. 84, No. 85, No. 86, No. 87, No. 88, No. 89, No. 90, No. 91, No. 92, No. 93, No. 94, No. 95, No. 96, No. 97, No. 98, No. 99, No. 100.

MONEY ORDERS

The safe way to send money by mail is by Dominion Express Money Order.



Cook's Cotton Root Compound

A safe, reliable regulating medicine. It is a powerful purgative, and is sold by all druggists, or address: Cook's Cotton Root Compound, 118, West 11th Street, New York, U.S.A.

WEEKS BREAKUP A COLD TABLETS

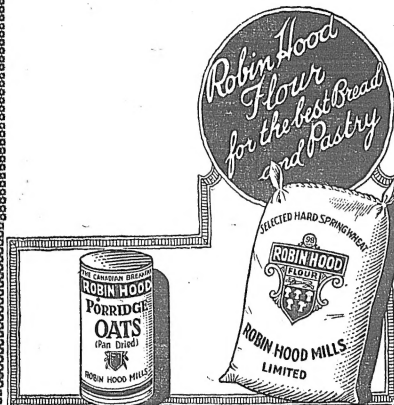
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The Flour that creates Satisfied Customers



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We believe you're just about as honest as we are,—we have no doubt you believe in a square deal, just as we do.

If we don't always understand your ways, still we have confidence that you are doing the best you know how, as we are,—and the angels aren't doing any more these days, and so we are wishing all the good things of life for you as much as for ourselves.

If our wishes count for anything you and your will count for anything

A Happy New Year

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Chinook Advance

Published at Chinook, Alberta
every Thursday

Robert Smith,
Editor and Publisher.

THURSDAY, Jan. 6, 1911

Facing the New Year

The clock struck twelve on December 31, and we were ushered in to a New Year—with how many plans for the future—new resolves, many alas! that are made to be broken. But let us welcome the untrodden paths and grasp the new conditions with a firm hand, grateful for the blessings the old year has brought to us.

If the old year has brought sorrow and desolation and hung crepe on our doors, the new year will bring us the leaves of healing and we are glad to part with the one and welcome the other. If, on the contrary, the old year has brought us only joy and comfort, we part from him sorrowfully, but meet his successor with the ardent hope that he, too, comes with blessing. The sober, joyous New Year's Day is like standing for one brief moment on the threshold between time and eternity. Here is the world we know—yonder the world that is new and untried.

Some New Year Advice

Don't wait for the train while the walking is good. (This is how ye editor started out on the first day of the new year. When the train he was travelling on from Edmonton was held up at Dobson owing to a wreck on the line, he decided to walk into town.)

Don't grieve over spilt milk while there's one cow left in the pasture.

Don't say the world is growing worse when you are doing nothing to make it better.

Don't tell the world your troubles. You can't borrow ten dollars on them.

Don't let the grass grow under your feet. The cows can't get at there.

An event of considerable interest to the farmers of this district is the opening of the provincial government school of agriculture at Youngstown, which takes place on Monday next, January 10th.

Speeches will be delivered by Hon. Duncan Marshall, Minister of Agriculture; Hon. George P. Smith, Minister of Education; A. E. Meyer, superintendent of schools of agriculture in the province, and others. His Honor Lieut.-Governor Brett, the premier, Hon. Chas. Stewart, all the members of the cabinet, and Jas. Ramsay, leader of the opposition, as well as Lieut.-Col. R. B. Eaton, member for Hand Hills; W. W. Wilson, member for Coronation; E. H. Prudden, member for Stettler; Dean Howes, of the Faculty of Agriculture, Edmonton; H. A. Craig, Deputy Minister of Agriculture; J. H. Lamb, Deputy Minister of Municipal Affairs, Andrew Anderson, one of Alberta's most progressive farmers, and others.

The school which is one of the finest and best staffed in Canada, was built at a cost of over \$100,000.00, will be of immense value to the farmers of central eastern

Alberta. It will serve a large area, comprising all the territory between Drumheller and the Saskatchewan boundary and from Stettler in the north to the Red Deer river in the south.

On and after February 1st the importation of alcoholic liquors into Nova Scotia, Alberta, Saskatchewan and Manitoba, will be illegal.

Mrs. Chas. Seibert, daughter of Mr. and Mrs. R. W. Hamon, and her husband Mr. Chas. Seibert, of Millistown, N.D., are visiting here.

Don't forget the Pax Concert in the Arm's Hall to-night.

Just arrived a car of King Quality Flour and Rolled Oats. Get our prices. Car of Seed Oats arriving in a few days. Leave your order.—The United Grain Growers.

WEDDING BELLS

McGuire—Switzer

An interesting marriage was solemnized at Norwood Methodist Church, Edmonton, on Monday, Nov. 15, when Mildred Florence Albina, youngest daughter of Mr. and Mrs. Jos. Switzer, of Innisfail, Alta., was united in marriage to Mr. John McGuire, of Edmonton. Rev. W. H. Irwin conducted the marriage service. After the ceremony the happy couple and friends drove to the Macdonald Hotel, where an elaborate wedding dinner was served.

Mr. and Mrs. McGuire will make their home in Edmonton at 116.15 94th Street.

Dinwiddie—Farris

A pretty wedding took place on Tuesday, Dec. 28th, at the home of Mr. and Mrs. O. D. Harrington, when the latter's sister, Miss Lorena Farris—was united in marriage to Mr. George Dinwiddie. The ceremony was performed by Rev. J. R. Geeson of Youngstown.

The bride was attired in a dainty gown of white silk crepe-de-chene. The brides maid, Miss Agnes Dinwiddie wore a blue silk gown. The groom was attended by Mr. John Poockens.

After the ceremony a delicious wedding dinner was served. The bride's cake formed a centerpiece for the table.

The bride and groom received a large number of useful and valuable presents.

The following were the guests: Misses Mable Watson, and Agnes Dinwiddie. Messrs. John Poockens, Richard Dinwiddie, J. I. and E. R. Harrington, Mr. and Mrs. N. Sagerstrom, Mr. and Mrs. A. Sibbald, Mr. and Mrs. Savage, Mr. and Mrs. Stevenson, Mr. and Mrs. C. B. Little, Mr. and Mrs. Goodman, Mr. and Mrs. Falconer and Mrs. and Mrs. J. Byers.

Glendenning—Ternes

Miss Anna Ternes of Saskatoon, and Mr. A. G. Glendenning of Chinook, Alta., were quietly married on Friday, Dec. 24, at St. John's Parsonage, Saskatoon. The Rev. Canon E. B. Smith officiating. The bride and groom were attended by Miss Lena Ternes and Mr. Geo. Carr.

Mr. and Mrs. Glendenning returned to Chinook last Sunday where they will reside.

Grand Concert At Rearville School

With the co-operation of the mother, trustees and pupils from Langford School, a very successful Christmas entertainment was held in Rearville School on Tuesday, Dec. 21. A long and varied program was given by the pupils and their co-operators. Several short plays were given by the children, who were in fine spirits, and the way even the smallest of them performed their parts was splendid.

Owing to a tie up on the C. N. R., the regulation Xmas tree did not arrive, which tended to upset the arrangements. Mr. A. Reardon kindly filled the breach with a nice brushy shrub from his own garden.

The arrival of Santa Claus was announced by a peal of sleigh bells, and after greeting the children, distributed numerous presents. The tree was well lit up, and the School room tastefully decorated. The trustees were on the job early and an adequate platform was the result. In the line of refreshments the ladies excelled themselves.

Perhaps the most amusing item on the program was in a small play "Men of Gotham," which the teachers had dramatized to suit the pupils. It occurred mostly behind the scenes. The King had to be prepared to enter at the psychological moment. He was flustered, for, in addition to the task of keeping his part in mind, he was burdened with a willing but most absent minded page, who might or might not be at his post of supporting the train of his majesty's robe. After some anxious glances and injunctions to 6 year old Raymo d, "Don't forget to hold up my train," the excitement of the moment proved too much and the feminine gender of His Majesty betrayed itself in the final words, "But not too high."

The position of chairman was ably filled by Mr. H. Gardiner. Other contributors to the evening's entertainment were Mr. W. P. Morrison and Mr. Nicholson step dancers. On the conclusion of the program a very hearty vote of thanks was given to Miss Hogg.

George Thompson's Home Destroyed By Fire

The home of George Thompson situated eighteen miles south west of town, was completely destroyed by fire about six a.m. on New Year's Day. The origin of the fire is not known. The fire was confined to the house which was a total loss. The fire started at the rear of the house, and by the time the family got safely out the flames had got a good hold and it was impossible to save the building.

It is not known if any insurance was carried on the house.



Crocus Lodge, No. U.D.G.R.A. A.F. & A.M.

Meets at 8 p.m. the Wednesday on or after the full moon. Visiting brethren cordially welcomed.

W. W. ISBISTER,
W. M.

CHAS. WYLIE,
Secretary

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REGULAR MEALS 50c.
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" No. 2	1 52
" No. 3	1 45
Oats, No. 2, Canada West	36
Oats, feed	28
Barley	52
Flax	1 05
Corn	
Live Hogs (Calgary)	60 00
Eggs	55
Butter	55

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TENDERS FOR SECRETARY

Tenders for Secretary for the
Chinook Agricultural Society
will be received by the under-
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Duties to commence at once.
State salary required.

The lowest or any tender not
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Chinook Agricultural Society,
R. R. Dunn,
Acting Secy.